

## 2017 USA Swimming Futures Championships August 3-6

	Swimmers who are members of USA Swimming may enter the Futures Championships through USA Swimming's Online Meet Entry (OME) system at ( <i>usaswimming.org/ome</i> ) beginning Monday, June 5, 2017 at 11:00 am Mountain Time. Swimmers must compete in the specific Futures Championships designated for the LSC in which they are registered.
	<i>The entry deadline is 11:59 pm Mountain Time on Tuesday, July 25, 2017.</i> The qualification period is June 1, 2016 through the entry deadline. Entries are not accepted until they have been officially submitted in the OME system.
LOCATION	Please refer to the enclosed map to determine in which Futures Championship Meet each LSC is eligible to participate.
SANCTION	This meet is held under the sanction of USA Swimming. If a USMS swimmer establishes a new Masters record, it is up to that swimmer to request all necessary information and signatures prior to the end of the session in which the performance occurred. It is understood and agreed that USA Swimming shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
ELIGIBILITY	These championships are open to swimmers who are members of USA Swimming, and who have achieved the published time standard in one or more events, however any swimmer who has achieved one or more qualifying standards for the 2017 U.S. Open Championships before Tuesday, July 25, may not compete in the Futures Championships. Additionally, any swimmer who achieves one or more qualifying standards for the 2017 U.S. Open after entering the 2017 Futures Championships will not be eligible to swim those events at the Futures Championships. In such cases, refunds will not be provided.
FORMAT	These championships will be conducted in LCM. The 800m and 1500m freestyle and all relays will be timed final events. All other individual events will be conducted as preliminaries and finals with the fastest 24 swimmers from preliminaries advancing to finals (27 in Santa Clara nine per heat). The order of the final events shall be C, B and A (bonus, consolation and championship). At the Meet Referee's discretion, preliminary sessions may be conducted in flights. Information on flighting, if any, will be provided at the Technical meeting. A Ready Room will be used to assemble and parade "A" finalists and the fastest seeded heats of 800m and 1500m freestyle swimmers. These swimmers must report to the Ready Room no later than five minutes preceding the "Parade Time" for the event.
SEEDING	Events shall be seeded in order of LCM, SCY, non-conforming LCM, non-conforming SCY and then any bonus entries in the same order.
FECHNICAL MEETING	A technical meeting will be held at the pool two hours prior to the first session on Day 1. It is the Coaches' responsibility to be aware of all information presented at this meeting.
DISTANCE EVENTS	The 800m and 1500m freestyle events will be swum as timed finals. Swimmers may qualify for these events using any of the 800m/1000yd or 1500m/1650yd qualifying standards (i.e. the conforming or non-conforming distance event standards). These distance freestyle events will be swum slowest to fastest, alternating women's and men's heats. On Day 1 the fastest heat of Men's 1500, will be seeded to finish no later than approximately 5:50 PM, preceded by the fastest heat of Women's 800m, alternating back to a start time of 4:00 PM. Any remaining heats of Women's 800m and Men's 1500m will swim fastest to slowest, alternating women, then men, starting approximately 10 minutes after the completion of the 800m Freestyle relays.
	On Day 4, the fastest heat of the men's 800m and the women's 1500m freestyle events will be swum during the evening (Finals) session. All other heats will be scheduled so the second fastest heat of the men's 800m event finishes approximately one hour prior to the start of the evening session.

RULES	Unless otherwise noted herein, this meet shall be conducted in accordance with current USA Swimming Rules and Regulations. Please note that use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility if the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.
	Eligibility and Technical juries consisting of at least one official, one coach, and one athlete will be appointed by the Meet Referee to review protests within their jurisdiction as defined in USA Swimming Rules.
WARM UP	Only feet-first entries are allowed during warm-ups, except in designated lanes and times. No equipment (fins, snorkels, hand paddles, etc.) are permitted in the competition pool at any time. Violations may result in disqualification from next individual event or expulsion from the meet. More detailed warm up procedures will be distributed at registration and during the Technical Meeting.
SCORING AND AWARDS	Team scores will be kept and awarded. Scoring will be on a sixteen (16) place basis, with individual events scoring 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1, and relay events receiving double these point values. Team awards will be presented to the top three teams in Men's, Women's, and Combined categories. Medals will be awarded to all place winners in the "A" final. All medalists in each event should report to the Awards Staging Area in full team warm-up attire immediately following the "A" Finals for their event. Individual High Point Awards will be given to the top scoring male and female.
MEMBERSHIP REQUIREMENT	All persons expecting to receive a deck pass must show a current USA Swimming membership card, and be prepared to show acceptable identification (driver's license, passport, etc.) if requested. Non-members who have successfully completed the Athlete Protection Training (APT) course and a USA Swimming background check may join on site at the registration check-in desk. Information regarding the APT course and the background check will be available at meet check-in and is also online at usaswimming.org/protect. Coaches must provide proof of CPR, First Aid and Safety Training for Swimming Coaches or USA Swimming approved equivalents, and must have successfully passed the required background check and APT Course.
	No swimmer will be issued a credential without a coach member present. If the home club coach is not planning to attend the event, the swimmer must be assigned a supervising coach. Arriving with fellow LSC club/coach is preferred. However, if a swimmer arrives without a coach, he/she must find a willing coach at the facility to sign a supervision form before a credential can be issued.
SWIMS DATABASE	Times from the following will be in SWIMS, the national times database. Times in the database are not automatic entries to meets.
	<ul> <li>A. USA Swimming Sanctioned competition</li> <li>B. USA Swimming Approved competition - Check two weeks before the competition to assure the meet has been approved by the LSC, and prior to the start of the competition, ask the Meet Director for the procedure for getting a time into SWIMS.</li> <li>C. USA Swimming Observed swims - Be sure a proper request for an Observed Swim is made according to guidelines appearing in the USA Swimming SWIMS Time Module Policy Manual, and prior to the start of the meet, verify that proper procedures are in place for the Observed swim.</li> <li>D. The time of any swimmer recorded while legally representing a USA Swimming club, secondary school, college, or university within the appropriate time frame, may be used in proving relay entry times. That swimmer does need to be entered in the championship in question or currently representing that club. Relay times belong to the team. Individual times belong to the swimmer.</li> </ul>
	Times submitted to the USA Swimming SWIMS database no later than 20 days prior to the Championships will be in the database. If a time for a swimmer is visible in the public search feature on the USA Swimming website (Times/Time Standards) and it was swum in the appropriate qualifying period, it is considered a proven official time. Entry times not proven by the scratch deadline for the event will be considered as false or incorrect times and are subject to action under provisions of the USA Swimming Rules and Regulations.
	SWIMS data entry from meets in which time standards were met must be requested from the SWIMS Time Official in the LSC in which the meet was held. LSC officials may charge a fee for data entry requested after the meet ends. These times will not be automatically placed in the database. Times from all major international championships will be automatically entered in the database. Relay lead offs and/or intermediate split times must be requested from the SWIMS Time official in the LSC where the time was achieved. Requesting SWIMS data entry won't enter a swimmer into a competition nor place a club on the USA Swimming mailing list.

<b>RESPONSIBILITY</b> CLAUSE	The coach, swimmer or swimmer representative who enters a USA Swimming Championship thereby attests that all times stated are true and correct as achieved qualifying times for each event entered. He/she assumes all responsibility for false or incorrect times, or times which are unacceptable under USA Swimming rules, and shall be assessed a \$100 penalty payable to USA Swimming for each such time entered, unless absolved of the fine by the Vice President of Program Operations or designee or Board of Review. Additional action or penalty may be taken or levied as deemed appropriate by the USA Swimming. Such penalty shall also be levied against any USA Swimming verification officer who knowingly entered such a false time(s) into the SWIMS Database. Appeal of fines must be made to the Meet Referee or designee and/or Board of Review. Any appeal of the decision of the Vice President for Program Operations or designee with the provisions of Part Four of the USA Swimming Rulebook.
ENTRIES	All entries must be made online at <i>usaswimming.org/ome</i> . You will be required to pay for the online entries with a Visa, Mastercard, American Express or Discover. For questions about OME, please refer to the specific Futures site page included with this information.
	OME is not an eligibility report. It is the coach's responsibility to know for which events his or her athlete is qualified. Events can be added to the entries, however you may not delete an online entry once it has been submitted/paid for. Once entries are completed, a confirmation will be sent via e-mail. All confirmations should be printed and brought to the meet. All entry times (including scratched events) must be proven, and Program Operations reserves the right to challenge any submitted time. Drug waiver forms will automatically be sent via e-mail after the entry deadline closes, and should be filled out and brought to the meet.
	A swimmer may enter any number of individual events in which the qualifying time standard has been met, however a swimmer may only swim three (3) individual events per day (including time trials), and a total of six (6) events (not including time trials) during the meet. All entry times, including bonus events, must be proven. Bonus events will be permitted for this meet according to the following:
	Any athlete who qualifies for one individual event will be permitted to enter and swim in up to two bonus events;
	<ul> <li>Any athlete who qualifies for two individual events will be permitted to enter and swim one additional bonus event;</li> </ul>
	<ul> <li>Any athlete who qualifies for more than two individual events, will not be permitted to enter bonus events;</li> <li>There will be no qualifying standards for bonus events, however, a provable entry time must be included.</li> </ul>
ENTRY FEES	Individual Events\$15.00 per eventRelays\$30.00 per eventCoach Credential\$20.00 per coach
NEW QUALIFYING SWIMS	Swims achieving the qualifying time standards for the first time from Wednesday, July 26, 2017, through Sunday, July 30, 2017, may be entered through OME under the title "2017 Futures: New Qualifying Swims". These entries must be submitted no later than 11:59 a.m. Mountain Time on Monday, July 31, 2017, and cannot be used to improve the seed time of a prior entry. Normal entry fees apply.
LATE ENTRIES	Any team or athlete missing the entry deadline will be permitted to enter late, subject to the following requirements:
	<ul> <li>Late entries must be submitted through the On-Line Meet Entry system (OME);</li> <li>These entries must be received no later than 11:59 a.m. Mountain Time on the Monday prior to the start of the championships;</li> <li>The team or athlete must pay a one-time processing fee of \$150.00, and pay entry fees of \$30 per individual event and \$60 per relay event.</li> </ul>
RELAYS	All relays will be timed final events. All but the fastest two seeded heats of the 400 FR and 400 MR will be swum in the preliminary sessions. The fastest two seeded heats in the 400 FR and 400 MR will be swum at the end of that day's finals session. Relay-only swimmers will be allowed in this meet, and may swim in time trials. Each team may enter a maximum of two relays in each event. Any swimmer who, prior to July 26, has achieved a US Open cut in the 100's of stroke or the 200 freestyle may not swim that particular stroke on a relay (or swim on the 4x200 freestyle relay if they have the 200 freestyle cut).
	If entering with a time achieved as a relay (team time), the four swimmers that actually achieved the time must be listed. If the entry is an aggregate, each swimmer must be listed with their individual times, and only those swimmers who may be competing should be entered. Once the relay team or teams have been proven, any swimmer listed by that organization on the entry is eligible to compete on that relay team. Relay teams may be entered at the listed provable time or at the lowest priority non-conforming time standard. If entering an A and B relay, eight (8) different swimmers must be entered. The same swimmer may not be used twice in an event, or to prove an entry time.

COACH CREDENTIALS	<ul> <li>Credentials for coaches, managers and chaperones shall be issued to those persons listed on the submitted team entry through OME, according to the following formula, whether comprised of one or both sexes. Man-agers and trainers must be included in this formula and on the entry form to receive a deck pass. Athletes entered in the meet will receive a deck pass as part of their entry fee. There is a surcharge of \$20 per person for spectator passes. All others will be required to purchase individual tickets.</li> <li>1-3 swimmers in individual events: 1 deck pass; 1 spectator pass.</li> <li>4-6 swimmers in individual events; 2 deck passes; 1 spectator pass.</li> <li>7-9 swimmers in individual events; 3 deck passes; 1 spectator pass.</li> <li>10-20 swimmers in individual events; 5 deck passes; 2 spectator passes.</li> <li>21-30 swimmers in individual events; 6 deck passes; 3 spectator passes.</li> <li>31-40 swimmers in individual events; 7 deck passes; 3 spectator passes.</li> <li>51 or more swimmers in individual events; 9 deck passes; 5 spectator passes.</li> <li>Unattached swimmers not with a team shall be included in above schedule even if listed on separate entry blank.</li> <li>Unattached swimmers not with a team: 1 deck pass; 1 spectator pass.</li> </ul>
SWIMMERS WITH DISABILITIES	Coaches entering swimmers with disabilities that require any accommodations, including the need for any personal assistants and/or registered service animals, must provide advance notice in writing, accompanying their meet entry file, to the meet director by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.
CHECK-IN	Any unproven entries must be cleared prior to the scratch deadline or the swimmer will be scratched from the event. If an entry cannot be proven, the coach is subject to a \$100 fine. Positive check-in is required prior to the Scratch Deadline to be seeded in the 800m and 1500m Freestyle events and all relays. Swimmers entered in the Women's 1500m and Men's 800m Freestyle events may, when they check-in, indicate their preference to swim the event in the preliminary session. The fastest eight swimmers who state no preference shall be seeded to compete in the finals session. In order to make their designation, swimmers or their coaches must mark on the positive check-in sheet their preference to swim during preliminaries. The swimmers or coach should clearly write "AM" next to their name when they check-in if they desire to swim in the preliminaries session. Positive check-in is due prior to the scratch deadline in order to be seeded. All relay cards for the 800 FR are due to the Administrative Referee no later than 15 minutes after the conclusion of the technical meeting, and by 6:30 pm in the session in which the 400 MR and 400 FR will be swum.
SCRATCHES	Thursdays Events: Scratch Box closes Thursday, 15 minutes after the technical meeting.
	Friday, Saturday and Sunday Events: Scratch Box closes at 6:30pm the preceding evening.
	Note: Check-in and scratches for Thursday's distance events and Relay Events, and all Friday's events may be submitted to the Administrative Referee by email or text message up until the respective scratch deadline. See the Specific Meet Details for the Administrative Referee's contact information. Use of the Scratch box is preferred.
	All scratches from finals must be made with the Administrative Referees.
	These championships will follow the scratch rules as defined in section 207.11.6 of the USA Swimming Rulebook.
TIME TRIALS	Time Trials may be conducted at the discretion of the Meet Referee. Entry fees for time trials will be the same as the meet entry fees. Each swimmer is limited to a maximum of two time trials during the course of the Championships, and time trials will count toward the swimmer's individual event total for each day, but not the meet total. Athletes may need to provide their own lane timer and lap counter for time trial events. Relay-only swimmers will be allowed to swim in time trials.
	Time Trial entries will be accepted both through a separate OME meet entry process and at the meet with the Clerk of Course. Time Trial entries will close at 10am each day.
	Time Trials will begin approximately 30 minutes after the conclusion of the preliminary session.
SAFETY	Marshals will be in place during warm-up periods and USA Swimming safety rules will be in effect. A warm-up schedule will be posted in the venue. It is the responsibility of the swimmer or of the swimmer's legal guardian to ensure compliance with USA Swimming safety procedures. Flagrant violation of these procedures may result in a disqualification from the meet for unsportsmanlike activity. The main competition pool will be reserved the last 60 minutes for swimmers competing in that session's events.
OFFICIALS' INFO	A meeting for officials will be held one hour prior to each session at the pool. This meet has been designated as a National Qualifying Meet to all officials who wish to and are eligible to be evaluated for advancement or recertification. Request for evaluation should be made to the meet referee.

BROADCAST STATEMENT	Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of USA Swimming.
IMAGE AUTHORIZATION	All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authored by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions. All participants agree not to use or authorize use of pictures in the uniforms and equipment provided by USA Swimming for the purpose of trade, without the consent of USA Swimming. All participants agree not to use medals or photos, or portraits or films with the medals, which are received for performances in this competition, for the purpose of trade. Furthermore, participants agree to return these uniforms and equipment, bearing USA Swimming logos and marks, if and when requested.
LIABILITY	USA Swimming, the LSC, the facility, and the host organization shall accept no responsibility for liability or injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in this event. Damage to the facility, when proved, will cause the offending participant, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs. All participants and guests must adhere to the facility rules and coaches must supervise their swimmers at all times. Glass containers are not permitted in the facility. Children must be supervised at all times.
DOPING CONTROL	Doping Control may occur at this competition. All athletes competing in the meet are eligible to be tested. All athletes should check the status of all medications they consume at the US Anti-Doping Agency's (USADA) Drug Reference website ( <i>usantidoping.org/dro</i> ). Documentation may be required to be submitted well in advance of the meet.



## TRACY CAULKINS COMPETITION POOL AT CENTENNIAL SPORTSPLEX 222 25TH AVENUE NORTH NASHVILLE, TN 37203

EVENT PERSONNEL	Referee: Administrative Referee:	Mark McCaw tbd Mag Presuell	mm2886@comcast.net	239-287-2851
	Meet Directors:	Meg Brasuell	MeetDirector@SwimNAC.com	931-551-5397
OME	Questions about OME and p	proof of times for thi	s Futures site should be directed to <i>en</i>	try@swimnac.com
SCHEDULE	Day 1: Timed Finals begin Days 2-4: Prelims: 9:00 a.r Finals: 6:00 p.m	n.		
	Practice lanes will be available	ble 7:00 a.m9:00 p	.m. beginning 48 hours prior to the sta	rt of competition.
ABOUT THE FACILITY	Centennial Sportsplex offers an 8-Lane, 50-meter competition pool with a 6-lane 25-yard warm-up/warm-down pool, with a 7 foot minimum depth, non-turbulent lane lines, a fully automatic electronic timing system, and a scoreboard with lane/time/place display. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Only Swimmers, Coaches and Meet Personnel shall be permitted on the pool deck at any time.			
LOCKERS		g area, and showers.	th access from the pool deck. Locker Use of audio or visual recording devi or rooms	
MEDICAL ASSISTANCE		s you pass through t	the facility certified Lifeguards. The L he main entrance to the pool deck. The physician on call.	
CONCESSIONS	Sportsplex respectfully asks	that no outside food	e available for sale in the lobby of the d or drink be brought into the building, ool area. Coolers are not allowed in t	and no food or drink (with the
HOSPITALITY	Food and drinks will be avail Coolers with water will be a	ilable at the start of vailable on the pool e facility. Only athle	accessed from the pool deck and will warm-ups through the completion of the deck at all times. Athlete Hospitality letes entered in the meet will have access.	he meet session each day. can be accessed from the
PARKING	Parking is available on site a across 25th Ave, as well as o		plex. Overflow parking is also availab nding the facility.	le at Centennial Park located just
HOTELS	Hotels have been carefully s	elected to ensure que rell in advance. Boc	ament Housing to provide attendees/gr ality and are within close proximity to bk by phone at 888-417-6446 or view h J	the venue(s). Rooms will book

TICKETS

All tickets will be general admission and may be purchased on-site at Centennial Sportspelx. Pre-Purchase tickets are also available at www.SwimNAC.com.

All Sessions: Adults = \$40 Youth (12&U) and Seniors (60+) = \$25

Daily Tickets (Includes both the Prelims & Finals Session on the same day) Adults = \$15 Youth (12&U) and Seniors (60+) = \$10

Children (6&U) = FREE ADMISSION

Psych Sheet and Heat Sheets will be available electronically at *SwimNAC.com*. Session sheets will also be posted on site at the meet.

**NAC TEAM SPONSORS** There are several local businesses that support NAC and the sport of competitive swimming. These businesses not only contribute to the initiatives of team, but they also strive to better serve our out of town participants and spectators. Often times our NAC Team Sponsors offer special deals and offers the weekends of our swim meets and are ready and able to accommodate large groups, catering orders, and other special requests. Teams are encouraged to check out the NAC Team Sponsors page of the website www.swimnac.com when making plans in Nashville.



## 2017 USA SWIMMING FUTURES CHAMPIONSHIPS August 3-6 Long Course Meters

## **Qualifying Standards**

WOMEN		EVENTS	MEN			
SCY	LCM	EVENT#	DAY 1	EVENT#	LCM	SCY
10:20.49	9:13.79	1	800 Freestyle*		8:40.69	9:34.29
17:14.39	17:40.19		1500 Freestyle*	2	16:38.99	16:05.49
7:36.39	8:40.89	3	800 Freestyle Relay	4	8:00.49	6:58.59
			DAY 2			
1:52.99	2:08.19	5	200 Freestyle	6	1:58.09	1:42.09
1:06.29	1:16.19	7	100 Breaststroke	8	1:08.69	58.89
57.89	1:05.19	9	100 Butterfly	10	58.39	51.59
4:30.69	5:07.29	11	400 IM	12	4:42.39	4:07.59
3:34.09	4:04.29	13	400 Free Relay	14	3:40.89	3:12.89
			DAY 3			
2:06.19	2:21.89	15	200 Butterfly	16	2:10.19	1:53.69
24.39	27.49	17	50 Freestyle	18	24.89	21.49
2:23.09	2:43.79	19	200 Breaststroke	20	2:29.09	2:08.59
58.49	1:07.29	21	100 Backstroke	22	1:00.79	52.49
5:03.49	4:28.79	23	400 Freestyle	24	4:09.99	4:37.09
			DAY 4			
52.19	59.59	25	100 Freestyle	26	53.79	46.69
10:20.49	9:13.79		800 Freestyle*	27	8:40.69	9:34.29
2:05.79	2:24.79	28	200 Backstroke	29	2:11.89	1:53.59
17:14.39	17:40.19	30	1500 Freestyle*	-	16:38.99	16:05.49
2:08.29	2:26.39	31	200 IM	32	2:12.79	1:55.09
3:57.09	4:33.79	33	400 Medley Relay	34	4:05.89	3:32.79

\*Swimmers may qualify for these events using any of the 800m/1000yd or 1500m/1650yd qualifying standards (i.e. the conforming or non-conforming distance event standards).

The qualifying period is June 1, 2016 through the entry deadline.