## Swim Miami 2016 (For FGC Teams Only)

Sanctioned By: World Open Water Swim Association - WOWSA

Member of the WOWSA World 1 Mile Series.

**Location:** The Miami Yacht Club, 1001 MacArthur Causeway, Miami, FL 33132

**Date & Time:** The event will be held on Sunday, April 17, 2016. Each race will have appropriate waves, Male and Female within appropriate intervals. Projected tentative start times are as follows:

## RACE STARTING TIMES:

 $7:40 \text{ am} - 800 \text{ Meter Swimmers meet at Yacht Club Driveway and walk over to Jungle Island's La Playa (Race Start)$ 

8:00 AM - 800 Meter Male (All Ages)

8:02 AM – 800 Meter Female (All Ages)

8:15 AM – 10K Male (All Ages)

8:17 AM – 10K Female (All Ages)

10:00 AM – 5k 18 and under (Male)

10:02 AM - 5k 18 and under (Female)

10:04 AM – 5k 19 and over (Male)

10:06 AM – 5k 19 and over (Female)

10:15 AM – Miami Mile 18 and under (Male)

10:17 AM – Miami Mile 18 and under (Female)

10:19 AM – Miami Mile 19 and over (Male)

10:21 AM – Miami Mile 19 and over (Female)

Start times listed are tentative. Meet Management, in conjunction with the approval of the Head Referee, may split or combine heats as deemed necessary to ensure safety and fairness for all competitors.

**Time Limits:** The 10K Swim: 4 hours

The 5K Swim: 2 hours

The Miami Mile: 1 hour The 800M Swim: 30 minutes

Meet Referee may allow swimmers to finish race after allotted time limit if swimmer and safety officials are capable of escorting the swimmer to a safe and secure finish.

**Eligibility:** All swimmers are welcome at this meet. Any athlete with a disability will

be accommodated. It is the swimmer's or coach's responsibility to notify

the Meet Director and Meet Referee of any accommodations required.

**Age Groups:** 10 & Under; 11 - 12; 13-14; 15-16; 17-18; 18-24; 25-29; 30-34; 35-39;

40-44; 45-49; 50-54; 55-59; 60 and Over. (If more than 3 participants in the 70+ age group, it will be considered as its own age group.)

**Rules:** Current World Open Water Swimming Association (WOWSA) rules will govern this meet. Safety rules as outlined by WOWSA and as recommended by the referee, will be in effect. <a href="http://www.worldopenwaterswimmingassociation.org/wp-content/uploads/2013/05/World-Open-Water-Swimming-Association-Rules-and-Sanctions.pdf">http://www.worldopenwaterswimmingassociation.org/wp-content/uploads/2013/05/World-Open-Water-Swimming-Association-Rules-and-Sanctions.pdf</a>

**Referee:** Kurt Weinants & Ken Groce

**Water Entry:** This event will employ an in-water start and beach finish. All entries will be feet first and controlled by the safety officer. There are no racing dives permitted.

**Entry Procedures:** Swimmers should enter this meet in a manner similar to entering pool competitions. Please use Hy-Tek entry file or spreadsheet.

**Entry Fee:** \$30 EARLY entry fee for all races per swimmer. Includes event t-shirt, swim cap, and goodie bag. TO QUALIFY FOR THIS EARLY ENTRY DISCOUNT SWIMMERS MUST BE ENTERED BY FRIDAY, APRIL 10, 2015.

Entry Deadline: All registration will be closed on Saturday April 16, 2015 (Entries after April 16<sup>th</sup> will incur an additional \$10.00 surcharge). Race day registrations will be accepted for \$100.

**Entry Corrections:** Corrections and changes can be made until **April 13, 2015**. After this date all corrections and changes will incur a \$5.00 charge unless the error was due to meet management.

**Awards:** Top 3 Male and Top 3 Female will receive awards for Overall placement. Finisher medals will be awarded to everyone that completes their swim.

**Admission:** Free to General Public.

**Concessions:** Concession stand will be available provided by the Miami Yacht Club.

**Event Director:** Jonathan Strauss – for questions call 305.271.9000 x287 (office) or email, the sports promoters @ swimgym.net

Parking: Parking is \$5 per car. Jungle Island, 1111 Parrot Jungle Trail, Miami, FL 33132

Bus Parking Available (Please coordinate with race management.)

All proceeds of Swim Miami benefit the H2Os (Helping Others To Swim) Foundation, a 501-C(3) non-profit organization.