

Florida Gold Coast South Area 3 Developmental Championships Meet
July 5-7 2013

Sanctioned By: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.
Sanction No. **FGA070513NMST-D-9**

Sponsored By: **North Miami Swim Team**

Location: **FIU Biscayne Bay Campus**
3000 North East 151st Street, North Miami Fla. 33181
Pool is on the East side of the classroom buildings.

Dates & Time:

Session I	Finals	Friday	July 5	Warm-up – 4:30PM	Start – 6:00PM
Session II	Prelims	Saturday	July 6	Warm-up – 7:00AM	Start – 8:30AM
Session III	Finals	Saturday	July 6	Warm-up – 4:30PM	Start – 6:00PM
Session IV	Prelims	Sunday	July 7	Warm-up – 7:00AM	Start – 8:30AM
Session V	Finals	Sunday	July 7	Warm-up – 4:30PM	Start – 6:00PM

Note: the Start times for this meet may be adjusted following receipt of all entries with approval of the Age Group Chairman

Pool / Timing: 50 meters x 25 yard heated outdoor pool, 8 **Long-course** racing lanes with separate warm-up and swim-down lanes available. (Colorado Timing System®) will be used. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2 (C). Water depth at the start varies from 6'0" to 6'2" depending on lane assignment accordance with 202.3.7 (C).

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Rules: 2013 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA swimming and as recommended by the referee will be in effect.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

- Eligibility:** Open to all 14 & under, 2013 USA Swimming FGC registered athletes in **Area 3** CST,SOFL,AKS,AAST,ASC,BGS,BMHG,BISC,DRSC,FKSC,FFSC,GPA,GRSC,HSC,MACM,MBS,MCDA,MDCA,MS,NMST,RWY,SVA,SGST
- and foreign athletes with proper travel credential that have been invited by USA swimming. Athletes who wish to join USA Swimming may do so by follow the standard FGC Deck Entry procedure (available at www.fgcswim.org) that is also available for any eligible swimmer.
- **14 & Under Swimmers must not have achieved an FGC Junior Olympic time in the event in which he/she is entered in and must have a minimum “B” time standard in any event 200 meters or longer.**
 - Any swimmer entered in the meet must be certified by a USA Swimming member Coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3
 - Swimmers may not enter any event in which they have achieved a JO Qualifying time in the course in which this event is being held.
 - Teams entering and swimming athletes who have achieved JO qualifying times will be subject to a \$50 fine per swim.
 - Swimmers who age up between the first day of this meet and the start of the FGC Junior Olympics may choose to swim up an age group in this meet to earn a Junior Olympic standard in any event they are not yet qualified. Coaches must enter these athletes on the team roster and contact the Meet Manager to place them specifically in any such event.
 - The Meet Host **WILL NOT** be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.
- Disability:** All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations – 305 206-0574 Coachjohn@swimneptunes.com
- Entry Deadline:** Entries Close - **Wednesday – June 26, 2013**
- Entry Limit:** No more than three (3) individual events per day (unlimited relays)
- Entry Procedure:** **Hy-Tek electronic entry system is required.** Please email entry to:
Coachjohn@swimneptunes.com
Submission of entry certifies that all entered swimmers are current year USA Swimming registered. Non-electronic entries are not accepted
- Entry Fees:** \$4.00 per Individual event entry
\$8.00 per Relay event entry
\$7.50 per swimmer surcharge
Entry fees are made payable to “North Miami Swim Team” (note: one check per team)
- Refunds:** Once a team or individual entry has been received and processed, there will be no refunds in full or in part.
- Seeding:** Standard Championship seeding will be used for Prelim/Final events. Entries will be seeded with conforming times – LCM.

- Relays:** A & B relays are permitted. Any swimmer who is legally entered in this meet can swim any leg on any relay.
- Finals:** A single Championship Final will be swum in all Prelim/Final events.
- Distance Events:** *All Friday events are timed finals AND will be **positive check-in**. These events will be superseded and swum fast to slow; all girls then all boys; for each event.*
- 200 of strokes will be swum in the AM sessions ONLY as timed finals. Will be combined and scored separately. These events are swum fastest to slowest – all girls, then all boys.
 - 1500 free will be combined and scored separately. These events are swum fastest to slowest – alternating girls than boys. Swum in prelims session.
- Awards:** Individual Events: Medals 1st - 3rd and Ribbons 4th – 8th
Relays Events: Ribbons 1st – 3rd
- Scoring:** This competition is not scored.
- Admission:** \$3.00 per person per session. Heat Sheets - \$3.00 each session
- Concessions:** Concession stand will be open for all sessions.
- Hospitality:** Refreshments and hospitality for coaches / officials / volunteers will be available.
- Referee:** Adam Zeichner
- Meet Marshall:** Kenny Vigille
- Meet Director:** John Turnipseed , 305 206-0574, Coachjohn@swimneptunes.com
- Directions:** **I-95 to 826 East (163rd Street) Go East to Biscayne Blvd(US-1)**
Go South (right) on Biscayne Blvd. to 151st Street
Go East (Left) on 151st Street about 1.5 miles/Pool is East of Class Buildings]
Please do not park in Faculty parking spaces or by the back area of pool

Order Of Events

**** = Timed Final Events – Swum in Prelims**

All Time Standards are “Slower Than”

Session I – Timed Finals - Friday July 5 Warm-up: 4:30pm Meet Starts: 6:00pm

Girls Event #	LCM	Age Group	Event	LCM	Boys Event #
1	3:02.39	10 & Under	200FR**	2:59.89	2
3	2:41.59	11-12	200FR**	2:37.79	4
5	2:23.89	13-14	200FR**	2:21.99	6
7	3:21.59	10 & Under	200IM**	3:24.89	8
9	3:02.59	11-12	200IM**	3:03.89	10
11	2:50.99	13-14	200IM**	2:40.39	12
		10 minute	Break		
13	6:13.89	10 & Under	400FR**	6:15.59	14
15	5:37.09	11-12	400FR**	5:29.89	16
17	5:01.79	13-14	400FR**	5:02.69	18
		10 minute	Break		
19	6:28.39	11-12	400IM**	6:27.49	20
21	6:00.39	13-14	400IM**	5:40.39	22

Order Of Events

**** = Timed Final Events – Swum in Prelims**

All Time Standards are “Slower Than”

Session II – Prelims - Saturday July 6 Warm-up: 7:00am Meet Starts: 8:30am

Girls Event #	LCM	Age Group	Event	LCM	Boys Event #
23	1:36.79	10 & Under	100BK	1:35.69	24
25	1:25.29	11-12	100BK	1:26.39	26
27	1:17.19	13-14	100BK	1:12.89	28
29	42.49	10 & Under	50FL	42.89	30
31	36.79	11-12	50FL	37.89	32
33	35.69	13-14	50FL	33.19	34
35	1:48.49	10 & Under	100BR	1:50.69	36
37	1:35.79	11-12	100BR	1:35.69	38
39	1:28.19	13-14	100BR	1:21.29	40
41	37.29	10 & Under	50FR	37.69	42
43	34.39	11-12	50FR	33.49	44
45	30.89	13-14	50FR	29.49	46
		10 Minute	Break		
47	3:03.29	11-12	200FL**	3:01.59	48
49	2:45.69	13-14	200FL**	2:36.59	50
		10 Minute	Break		
51	NT	10 & Under	200 Free Relay**	NT	52
53	NT	11-12	200 Free Relay**	NT	54
55	NT	13-14	200 Free Relay**	NT	56

Session IV – Finals Saturday July 6 Warm-up: 4:30pm Meet Starts: 6:00pm

Girls Event #	Age Group	Event	Boys Event #
23	10 & Under	100BK	24
25	11-12	100BK	26
27	13-14	100BK	28
29	10 & Under	50FL	30
31	11-12	50FL	32
33	13-14	50FL	34
35	10 & Under	100BR	36
37	11-12	100BR	38
39	13-14	100BR	40
41	10 & Under	50FR	42
43	11-12	50FR	44
47	13-14	50FR	46

Order Of Events

**** = Timed Final Events – Swum in Prelims**

All Time Standards are “Slower Than”

Session V – Prelims Sunday July 7 Warm-up: 7:00am Meet Start: 8:30am

Girls Event #	LCM	Age Group	Event	LCM	Boys Event #
57	3:25.09	11-12	200 BR**	3:25.09	58
59	3:10.79	13-14	200 BR**	2:59.49	60
61	1:23.19	10 & Under	100FR	1:24.39	62
63	1:14.89	11-12	100FR	1:12.49	64
65	1:06.79	13-14	100FR	1:05.29	66
67	44.49	10 & Under	50BK	45.29	68
69	39.49	11-12	50BK	39.99	70
71	36.59	13-14	50BK	34.39	72
73	1:40.79	10 & Under	100FL	1:40.09	74
75	1:23.89	11-12	100FL	1:24.39	76
77	1:15.49	13-14	100FL	1:10.39	78
79	49.09	10 & Under	50BR	51.19	80
81	43.09	11-12	50BR	43.99	82
83	42.09	13-14	50BR	38.59	84
		10 Minute	Break		
85	3:01.99	11-12	200BK**	3:01.79	86
87	2:45.59	13-14	200BK**	2:36.79	88
		10 Minute	Break		
89	NT	10 & Under	200 Medley Relay**	NT	90
91	NT	11-12	200 Medley Relay**	NT	92
93	NT	13-14	200 Medley Relay**	NT	94
		10 Minute	Break		
95A	22:34.99	11-12	1500 Free	22:16.39	96A
95B	19:48.09	13-14	1500 Free	19:55.69	96B

Events #'s 95 & 96 will be swum together and awarded separately.

Session IV – Finals Sunday July 7 Warm-up: 4:30pm Meet Starts: 6:00pm

Girls Event #	Age Group	Event	Boys Event #
61	10 & Under	100FR	62
63	11-12	100FR	64
65	13-14	100FR	66
67	10 & Under	50BK	68
69	11-12	50BK	70
71	13-14	50BK	72
73	10 & Under	100FL	74
75	11-12	100FL	76
77	13-14	100FL	78
79	10 & Under	50BR	80
81	11-12	50BR	82
83	13-14	50BR	84

**Florida Gold Coast Area 3
July 6 & 7, 2013
Long Course Time Trial**

- Sanctioned by:** This Time Trial is sanctioned by USA Swimming and Florida Gold Coast Swimming. Sanction #
- Sponsored by:** North Miami Swim Team
- Location:** **FIU Biscayne Bay Campus**
3000 North East 151st Street, North Miami Fla. 33181
Pool is on the East side of the classroom buildings.
- Dates and Time:** July 6, 2013 - 15 minutes after the conclusion of prelims.
July 7, 2013 - 15 minutes after the conclusion of prelims.
- Pool / Timing:** 50 meters x 25 yards heated outdoor pool, 8 **Long-course** racing lanes with separate warm-up and swim-down lanes available. (Colorado Timing System®) will be used. Fly-over starts will possibly be used.
The competition course has been certified in accordance with 104.2.2 (C).
Water depth at the start varies from 6'0" to 6'2" depending on lane assignment accordance with 202.3.7 (C).
- Entry Limit:** Swimmers are limited to no more than 3 events per day including the events they participated in at the Area Championships Meet. Swimmers not in the Area Championships Meet can swim 3 events per day.
- Entry Fees:** \$5.00 per Individual Event \$10.00 per Relay
- Entries:** Entry cards will be filled out on deck.
- Eligibility:** Open to all currently registered USA Swimming athletes.
- Awards:** None (other than fast times and satisfaction).
- Referee:** Adam Zeichner

Event #	Event
1-2	50 Free
3-4	100 Free
5-6	200 Free
7-8	400 Free
9-10	800/1500 Free
11-12	50 Back
13-14	100 Back
15-16	200 Back
17-18	50 Breast
19-20	100 Breast
21-22	200 Breast
23-24	50 Fly
25-26	100 Fly
27-28	200 Fly
29-30	200 IM
31-32	400 IM
33-34	200 Free Relay
35-36	400 Free Relay
37-39	800 Free Relay
40-41	200 Medley Relay
42-43	400 Medley Relay
5-10 Minute Break as needed	

The order of events will be run through twice a day on Saturday and Sunday. All swimmers who are in the Area Development Championships Meet may not swim more than a total of 3 events per day. Swimmers not in the Meet may swim a total of 3 events per day.